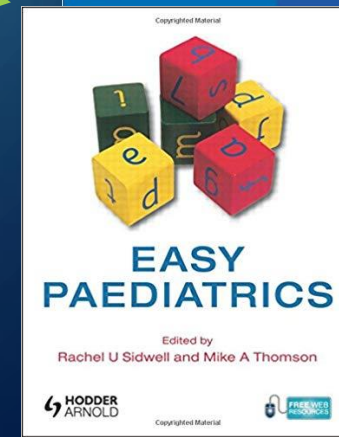
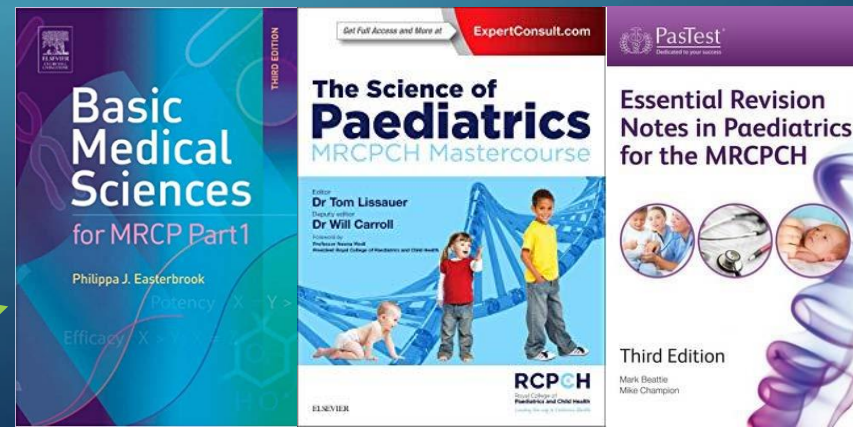
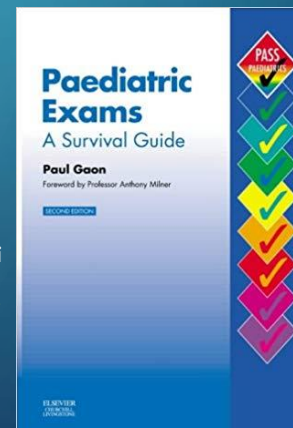


# WRITTEN EXAM TOP TIPS

STACEY HARRIS, ASSIM JAVAID

- 0:00: Intro
- 1:30: Get yourself organised!
  - Exam Dates - <https://www.rcpch.ac.uk/resources/theory-exams-mrcpch-dch-how-apply#dates-of-exams-and-application-periods>
- 2:15: Take care of your health!
- 3:55: Using every minute! Learn on the Job!
- 4:52: Resources available
  - Applying through the Royal College - <https://www.rcpch.ac.uk/resources/theory-exams-mrcpch-dch-how-apply>
  - Royal College Syllabus - <https://www.rcpch.ac.uk/resources/theory-exams-structure-syllabus>
  - PasTest Question Bank - <https://www.pastest.com>
  - OnExamination Question Bank - <https://www.onexamination.com/>
  - Resources we've never tried so can't comment on whether they're worth it:
    - 123doc Question Bank - <https://www.123doc.com>
    - PassPaeds - <http://www.passpaeds.com/>
  - Google pics of rashes/syndromes/diagrams – Great even if you're not a visual learner!
  - More dermatology at <https://www.dermnetnz.org/>
- 7:27: Focus on weak areas
  - We're aiming our future theory revision podcasts specifically at these! Keep an eye out!

- 8:50: Exam question techniques
  - Check your answers
  - If you're really not sure, and you've no way to narrow your answers down - probably any answer that has a degree of finality to it (e.g. "always...", "all of the above...") is wrong. Not guaranteed but worth a shot if all else is equal!
  - Look for grammatical clues! These questions often get pulled from the bank before they're used but every now and then, one slips through. Easy money!
- 12:15: What to do when struggling with exams
  - Understanding what questions really mean
  - Chatting to your registrars and consultants – You'd be surprised which ones have been in the same boat. Failing is easier to take when people you look up to have been there!
  - Get some peer support – Mentors/friends/colleagues/professional support units
    - Professional Support Unit Wales (genuinely the nicest people in the world!) <https://psu.walesdeanery.org/>
- 16:47: Advice from around Wales
  - Featuring Sophie Constantinou, Sian Williams, Tim Warlow, Bassam Al-Husseini and Camille Roberts
  - Books they mentioned!
- 23:03: Outro



Other books trainees recommended!