

HOW TO GET THE MOST OUT OF YOUR QI PROJECTS

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- 0:00 Intro
- 2:00 What is quality improvement?
- 3:15 Chat to QI departments locally
- 4:15 IQT Bronze - Improving Quality Together – A Wales based QI scheme to get your head around the basics <https://iqt.wales.nhs.uk/>
 - *Whispers* Sneaky tip - You can sign up for this with a non-Wales email address and don't need to specify where you work for an account, so don't worry if you're not from Wales! Sshhh!
- 5:25 If you've done a project somewhere before, bring it to your new job!
- 5:50 Linc Cymru - <https://www.linc-cymru.co.uk/>
- 7:00 Keep working on your QI skills no matter how senior you get!
 - Aneurin Bevan Continuous Improvement (ABCI) have loads of resources - <http://www.wales.nhs.uk/sitesplus/866/page/69347>
- 1000 Lives – A Wales wide improvement project - <http://www.1000livesplus.wales.nhs.uk/>
- 10:00 How do to identify a project for QI?
 - Getting data - Patient feedback, staff feedback, incident reporting, complaints, etc
 - Figuring out where it went wrong (AKA “root cause analysis”, if you're fancy) – Fishbone diagrams, process mapping, the 5 whys
 - The model for improvement gives you a solid framework for acting on things – Plan, do Study, Act (PDSA Cycle)
 - <https://improvement.nhs.uk/documents/2142/plan-do-study-act.pdf>
- 11:30 The Perfect Day – What would you change about your day at work that would make that day perfect?
 - Of the things you'd change, what is actually in your sphere of control? No point trying to improve something you have no power over!
 - Risk-Benefit Matrix (At the top of the page!)
- 14:20 Don't go too big for your project
- 16:00 Keeping your aims clear and getting your whole team on board
- 17:20 Most projects fail – Don't let that put you off! And share your failures. They're important too.
- 19:35 How to make your project sustainable – Work alongside your nurses and other staff, find a successor when you move to a new post, get your project on a local database (like Linc Cymru), making things clear for whoever picks up your project
- 22:38 Get the most out of it – Aim at publications, presentations, awards, even jobs (in Louise' case!)
 - Scale your project up! – Use it in different hospitals and let the small project become much bigger
- 25:00 Barriers to QI projects – Time, lack of clean data
- 28:23 Outro

